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**Spreading Happiness By Sending Cards!**  
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Thinking of You Week (18 - 25 June) harnesses the power of greeting cards to create a wave of **love, caring and happiness.**

**Sending cards generates positive feelings and wellbeing**

Science has shown that receiving a **handwritten card** creates a lovely warm positive boost and **makes people feel far more special** than receiving texts, emails or Facebook messages.

**So help to create the happiness wave by sending a card a day during this week!**

Who do you know that needs a boost?

Send them a lovely card... **Just to say hello**, send love, **make someone**

**laugh** or smile, **be supportive** in a time of trouble,  
wish someone better, **Kiss and make up**, or, just to say...  
**thinking of you!**

#TOYW #sendacard #raiseasmile

